



Happy New Year!



Hello, and welcome to [Mindscape Commons'](#) fourth quarterly newsletter.

Your university library has purchased a subscription to [Mindscape Commons](#), a database of mental health instructional video content. As you prepare for your spring semester, we wanted to point out some instructional resources that are available for you and your students to use.



Teaching DSM-5?

Observe clients presenting a range of symptoms including anxiety, depression, suicidal thoughts, grief, trauma, and others with our 3- to 5- minute [Virtual Microcases](#).

For my Master's level Psychotherapy course, we watched several of the Virtual Microcases together and then practiced reflective listening responses. These videos generated a lively discussion afterwards, and one student said she'd "like to do about 100 of these!"

-- Cari Kaufman, San Francisco State University



Teaching home assessments?

Introduce students to the skills required for effective home health and safety visits. View these videos on [child protection, hazard assessment, and home visits](#).



Teaching social justice concepts?

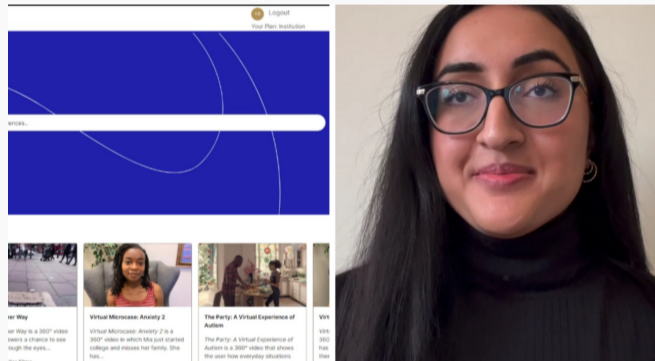
Immerse yourself in another person's story with these 360° experiences, viewable on a laptop or with HMD in VR.

- [Project Witness](#)
- [Waiting for Asylum](#)
- [Solitary Confinement](#)
- [Traveling While Black](#)
- [Another Dream](#)



Teaching concepts of poverty and unhoused populations?

[This series](#) offers a view into tent cities and temporary housing for those experiencing a range of issues ranging from poverty and discrimination to addiction and trauma.



Need some help figuring out how to find the right video? This [4-minute video guide](#) breaks down the essentials on getting the most out of *Mindscape*.

We'll continue to deliver updates and tips in future newsletters. In the meantime, if you or your users have questions, including requests for links for a syllabus or LibGuide, please reach out. We're here to help! And... thank you.

Best,
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Request a demo of Mindscape [here!](#)

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Submit your VR research!

