



## Back to School Issue!



Hello, and welcome to *Mindscape Commons'* third quarterly newsletter.

Your university library has purchased a subscription to [Mindscape Commons](#), a database of mental health instructional video content. **The videos, many of which were filmed in 360°, are free for you and your students to use!**

Videos range from 3 to 15 minutes in length, come with instructor guides, and can easily be embedded in your learning management systems.



### Teaching DSM-5?

Observe clients presenting a range of symptoms including anxiety, depression, suicidal thoughts, grief, trauma and others with our 3 to 5 minute [Virtual Microcases](#). Be sure to review our comprehensive [Instructor Guide](#), an excellent tool to help faculty implement the videos.



### Teaching Child/Adolescent or School Counseling courses?

These videos feature children and adolescents ranging in age from 10 to 18 and parents. [Each video](#) includes embedded interactive assessment questions to further engagement and learning.



### Teaching Cognitive Behavioral Therapy?

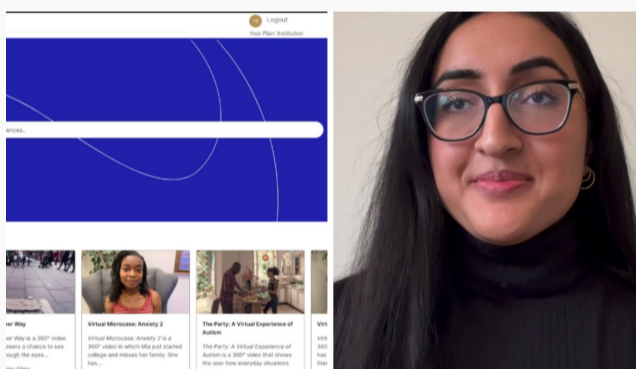
These [videos](#) highlight the use of CBT as a treatment model for depression, bipolar, PTSD, social anxiety, and suicidal thoughts.



### Teaching Neurodevelopmental or Neurodegenerative topics?

Immerse yourself in another person's story.

- [The Party: A Virtual Experience of Autism](#)
- [Autism: Too Much Information](#)
- [Coping with Alzheimer's 360](#)
- [A Walk through Dementia Walking Home](#)



Need some help figuring out how to find the right video? This [4-minute video guide](#) breaks down the essentials on getting the most out of *Mindscape*.

We'll continue to deliver updates and tips in future newsletters. In the meantime, if you or your users have questions, including requests for links for a syllabus or LibGuide, please reach out. We're here to help! And... thank you.

Best,  
**Yoomna Rahim (she/her)**  
Product Engagement Manager  
Request a demo of Mindscape [here!](#)

**Elizabeth Robey (she/her)**  
Publisher, *Mindscape Commons*

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