



Are you teaching this summer or getting a jump on the fall term? If so, we have videos to enliven your courses!

Your university library currently subscribes to Mindscape Commons, a database of mental health skills-based video content. This is a FREE resource for you and your students.

Helpful videos for your summer courses

Are you teaching DSM-5 or Skills? [Virtual Microcases](#) show clients with a range of symptoms including [anxiety](#), [depression](#), [suicidal thoughts](#), [grief](#), [trauma](#), and [relationship issues](#).



For my master's level psychotherapy course, we watched several of the Virtual Microcases together and then practiced reflective listening responses. These videos generated a lively discussion afterwards and one student said she'd "like to do about 100 of these!"

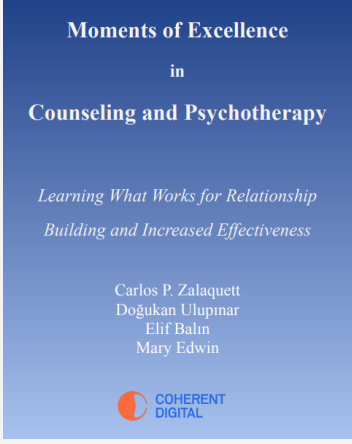
-- Cari Kaufman, San Francisco State University

Seamlessly integrate these 5-minute demonstrations into your summer school curriculum, with positive and negative examples of various counseling demonstrations.

- Screening for Depression: [interview](#) and [demo](#)
- Relapse Prevention: [demo](#) and [debrief](#)
- Rolling with Resistance: [interview](#), [positive](#) and [negative](#) demonstration
- Responding to Anger with a Client: [positive](#) and [negative](#) demonstration
- Giving Advice: [interview](#), [positive](#) and [negative](#) demonstration
- Setting Boundaries: [interview](#), [positive](#) and [negative](#) demonstration



[Cognitive Behavioral Therapy](#) for depression, suicidal thoughts, social anxiety, and bipolar. All videos are 10-15 minutes and feature CBT expert Dr. Judith Johnson, University of Leeds.



Recently featured in [The Association of Multicultural Counseling and Development newsletter](#), the [Moments of Excellence](#) series demonstrates how to foster a dialogue in culturally sensitive ways, adapt treatments, and build rapport with diverse clients within a [School](#), [Career](#), and [Mental Health Counseling](#) context.

The video series aligns with the Moments of Excellence textbook, an excellent resource for your skills, theories, or practicum course.

To view an updated bibliography of the video content within Mindscape Commons, click [here](#).

Mindscape videos can be embedded into your LMS, and instructor guides are included with most. Check out our [YouTube](#) channel for more helpful videos on utilizing Mindscape Commons.

Let us know if you need additional suggestions on syllabus-video matching. We're happy to help!

Best,

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Product Engagement Manager

Request a demo of Mindscape [here!](#)

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Publisher, Mindscape Commons

