



Happy New Year!



Hello, and welcome to [Mindscape Commons'](#) quarterly newsletter.

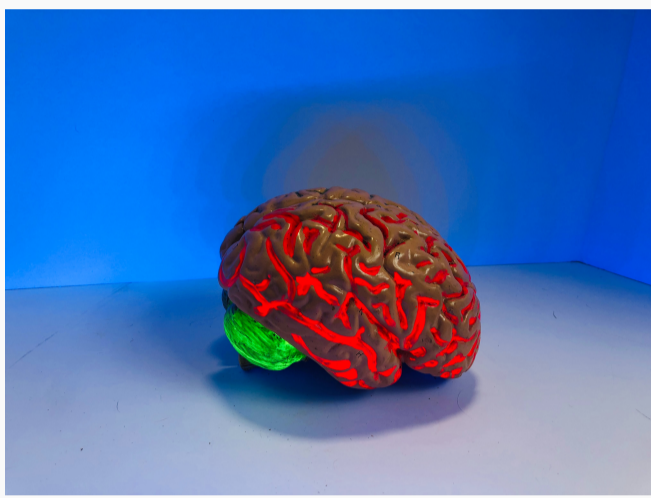
Your university library has purchased a subscription to [Mindscape Commons](#), a database of mental health instructional video content. As you prepare for your spring semester, we wanted to point out some instructional resources that are available for you and your students to use.



Teaching Mental Health in Nursing or DSM-5?

Observe patients presenting a range of symptoms including anxiety, depression, suicidal thoughts, grief, trauma, and others with our 3- to 5- minute [Virtual Microcases](#).

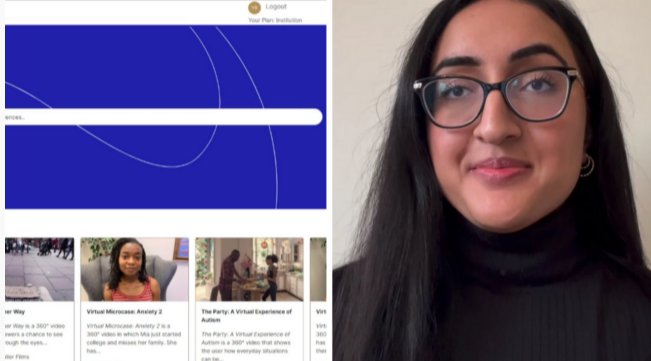
Be sure to review our comprehensive [Instructor Guide](#), an excellent tool to help faculty implement the videos.



Teaching Neurodevelopmental or Neurodegenerative topics?

Immerse yourself in another person's story with these 360° experiences, viewable on a laptop or with HMD in VR.

- [The Party: A Virtual Experience of Autism](#)
- [Autism: Too Much Information](#)
- [Coping with Alzheimer's 360](#)
- [A Walk through Dementia Walking Home](#)



Need some help figuring out how to find the right video? This [4-minute video guide](#) breaks down the essentials on getting the most out of *Mindscape*.

We'll continue to deliver updates and tips in future newsletters. In the meantime, if you or your users have questions, including requests for links for a syllabus or LibGuide, please reach out. We're here to help! And... thank you.

Best,
Yomna Rahim (she/her)
Product Engagement Manager
Request a demo of Mindscape [here!](#)

Elizabeth Robey (she/her)
Publisher, *Mindscape Commons*

[Submit your VR research!](#)

